

## **Laboratory Services**

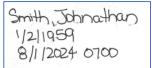
## **Random Urine Collection**

Your doctor has ordered tests that require a random urine specimen. Below are instructions for collecting a urine specimen. It is important to follow these instructions. Any changes may result in inaccurate test results. If you have any questions, be sure to ask your provider for assistance.

## **Collection of Random Urine:**

Read the instructions carefully before beginning collection and follow each of the steps to ensure you collect the correct specimen for the test.

- Use the sterile screw-capped urine container provided to you for collection.
- Complete the information requested on the container label.
  - Label must include Last Name, First Name, Date of Birth, and Date and Time of collection.



Patient label must be complete and legible for the sample to be accepted by the laboratory.

Label must be attached to the urine container, NOT the lid.

- Begin urinating into the toilet (not the cup).
- Midway through urination, place the container into the stream of urine and fill the container about one half to two thirds full.
- You may finish voiding into the toilet until the bladder is empty.
- Replace the cap and tighten firmly and wipe excess urine from the outside of the container.
- Wash your hands thoroughly with soap and water.
- Transport the specimen to the laboratory within 2 hours of collection.
- If this is not possible, refrigerate and transport as soon as possible within 24 hours.
  - Urine refrigerated for more than 24 hours cannot be used for culture and will be rejected by the laboratory.