

Laboratory Testing Update

Date: 06/18/2024

Re: Alzheimer's Disease Markers, CSF-REF LAB

Test code: LAB10151

In the past when Alzheimer's was suspected, ARUP (our reference lab) offered the **ADmark Phospho-Tau/Total-Tau/A Beta42, Analysis and Interp, CSF (Symptomatic)**. On 05/20/2024, ARUP discontinued offering this test. ARUP is now offering the **Alzheimer's Disease Markers, CSF test**. This test can be ordered using the test code: LAB10151.

Specimen requirements: CSF fluid collected in a polypropylene tube. You must contact the Send-outs department for the tube before performing the lumbar puncture. Standard CSF collection tubes are polystyrene, or polyethylene tubes. Test results may be affected if collected in a standard CSF collection tube.



Collection Instructions:

ALZHEIMER'S DISEASE (AD) MARKERS, CSF (TEST #3017653)

Cerebrospinal Fluid (CSF) Specimen Collection Instructions

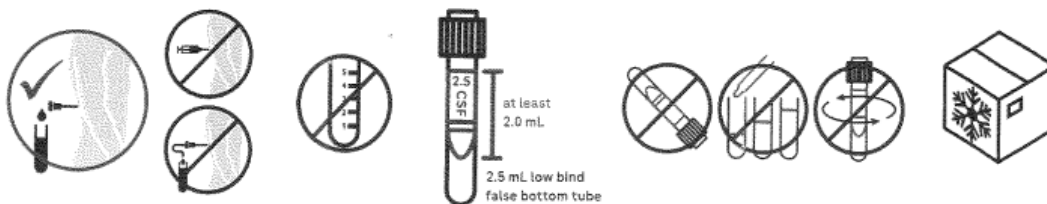
Step 1 Perform lumbar puncture using the gravity drip collection method.

Step 2 Do not use the first 2 mL of CSF for AD biomarker measurement.

Step 3 Collect at least 2 mL of CSF directly into CSF AD biomarker tube.

Do not process the CSF sample before transport (e.g., no mixing/inverting, no aliquoting, no centrifugation).

Step 4 Ship frozen.



Any questions or concerns, please contact Chris Sullinger, Manager for Send outs at 859-301-0792. **To request the collection tube, please contact the Send-out department at 859-301-9245.** If you want more information on the panel ARUP is offering, you can contact ARUP Laboratories at 1-800-522-2787. For more information regarding this test:

<https://ltd.aruplab.com/Tests/Pub/3017653>