

H. Pylori Breath Collection

Before collection, ask the patient the following questions:

1. Have you had anything to eat or drink within the last hour?
2. Have you taken any antibiotics, proton pump inhibitors, or bismuth preparations within the last 2 weeks?
3. Have you taken any antihistamines in the last 48 hours?

A. Collect the baseline bag (Blue) first.

1. Have the patient inhale, hold their breath, then exhale into the blue bag.
2. Place the cap on the bag.
3. Place first label on the outside of the bag



B. Drink Preparation

1. Pour the powder into the cup provided
2. Add water to the fill line on the cup and shake in cup until the powder is dissolved.
3. Give patient straw to drink the solution
Note: Patient must drink with straw provided.
4. Patient waits 15 minutes.



C. Collect the Post dose collection bag (Pink)

1. Have the patient inhale, hold their breath, then exhale into the pink bag.
2. Place the cap on the bag.
3. Place second label on the outside of the bag.

Note: Patient Identification and Proper Labeling should be done on all collected patient specimens.

