

Semen Collection Instructions

Come to the **Outpatient Laboratory**, Ground floor, the North Tower Entrance of Lexington Medical Center to pick up the specimen cup before collecting semen.

Collection Instructions

1. Do **not have sexual relations or ejaculations for at least 2-7 days** before collecting the specimen.
2. Do not use a condom unless you are certain that it contains no spermicide or sperm inhibiting chemicals. The most satisfactory method for obtaining it is by masturbation directly into the container provided. You may be assured that such a single masturbation is not harmful in any way. Specimen collected with a condom must be placed into a screw-up container.
3. Immediately after collection, screw the lid firmly on the container. Write your name, date of birth, date and time the specimen was collected on the container. The bottom of the form will be filled out once you arrive with the specimen.
4. Immediately bring the specimen to the **Outpatient Laboratory – testing must begin within one hour after collection**. Failure to examine the specimen within one hour may result in a misleading analysis.
5. During transportation do not agitate the container in any way. Avoid direct sunlight, extreme heat or cold. The sample can be kept warm by keeping the container close to the body.

Important: Specimens will be accepted daily from 7:00 a.m. – 3:00 p.m.
Please call (803) 791-2401 with questions.

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Laboratory Use Only Patient Interview Information

Collection Time: _____ Days Abstinent: _____

Interviewer (Tech Id): _____

Method of Collection: Masturbation Other

Fertility (SEMF): _____ Post Vas (SEMV): _____

Place Label Here

Collection Problems: _____