

## **INSTRUCTIONS FOR THE COLLECTION OF SEMEN SPECIMENS FOR POST VASECTOMY ANALYSIS**

Your doctor has requested that the following test be completed. In order to perform an accurate test, it is important that you follow these instructions carefully.

### **1. Testing Availability**

- All samples must be brought to the Elliot Hospital, Laboratory Client Services Department on the ground level of **the main hospital.**
- The laboratory accepts semen specimens for **Post-Vasectomy** testing, strictly Monday through Friday from **6:30 to 11:30 AM.**
- This testing is not done on weekends, holidays, or hours other than those specified.

### **2. Specimen Collection**

- The specimen should be obtained by masturbating directly into a sterile container provided by your doctor's office or from an Elliot Laboratory Draw Station. The entire ejaculate must be collected.
- Do not ejaculate into a condom, engage in sexual intercourse, or use soap or lubricant to provide the semen specimen. You should avoid hot tubes, saunas and whirlpools for 2 weeks prior to the test.

### **3. Specimen Transport:**

- The specimen should be maintained at or near body temperature by keeping the specimen close to your body.
- Deliver to the laboratory within 1 hour after collection.
- Please label the container with your name, date of birth, and date and time of collection. Note: Unlabeled specimens will be rejected.

### **PLEASE COMPLETE THE FOLLOWING FORM, WHICH MUST ACCOMPANY THE SPECIMEN:**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Physician: \_\_\_\_\_

Date of Vasectomy: \_\_\_\_\_

Date and Time of Specimen Collection: \_\_\_\_\_

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