

Patient Collection Instructions

Mid-Stream (Clean Catch) Urine Culture and Routine Urinalysis

Introduction

The doctor has asked that you collect urine for testing as part of your child's care. Important health decisions may depend on the results of this test(s). You have been given a collection kit, which will help you collect a urine specimen. These directions will help you use this kit.

Contents of the kit

1. Sterile container with screw cap lid
2. Towelettes

Collection

1. Remove towelettes. Do not remove the urine container yet. Cleanse the perineal area with all the towelettes.
FEMALES: Separate folds of urinary opening with fingers and clean inside with towelettes, using downward strokes only; keep folds separated during urination .
MALES: Use the towelettes to clean head of penis.
2. Remove sterile urine container from its package. **DO NOT TOUCH THE INSIDE OF THE CONTAINER.**
3. Begin urination into toilet. As urination continues, bring container into stream. **FILL CONTAINER ONLY HALF WAY.**
4. Remove cap from package but **DO NOT TOUCH INSIDE OF CAP.** Screw cap on container.
5. Write the child's name and date of birth on the container.
6. If it will take more than 1 hour to get to the lab, refrigerate the urine container for up to 24 hr.
7. Return the urine container to **DAYTON CHILDREN'S LABORATORY** or a **TESTING CENTER**

If you have any questions, please call Dayton Children's Laboratory Services
937-641-5100

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