

Special points of interest:

- **GFR's <60 will begin to flag on July 22nd**
- **Fall Allergies**
- **Urine collection reminder**
- **2024 Accepted Commercial Insurances**



Test questions? Visit our Laboratory Test Catalog:

<https://www.testmenu.com/bch>

What is Carent Laboratory Solutions?

<https://carentlabs.com/about-us/faqs>

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GFR Flagging

In an effort to capture early chronic Kidney Disease, we are changing the GFR flagging to match definitions of kidney disease. Chronic Kidney Disease Stage 3A begins with a GFR less than 60. Therefore, Beginning Monday July 22nd all GFR values below 60 will now be flagged.

August Marks the Beginning of Fall Allergies

Patients with asthma can be triggered by any number of culprits. And determining the source of those triggers can be key in reducing them.

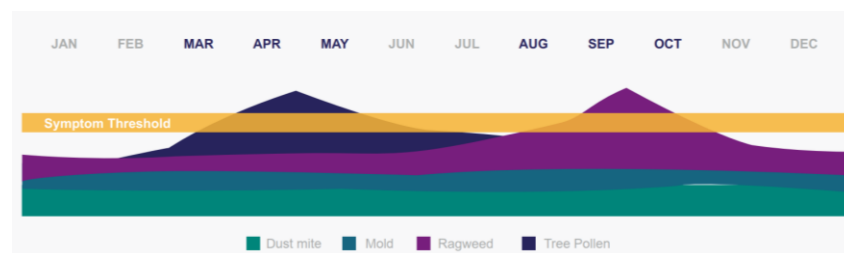
Sometimes allergens are the problem.

Up to 90 percent of children and 60% of adults with asthma suffer from allergies.

Specific IgE blood testing can help identify what's aggravating your patients' asthma symptoms — and just as importantly, what isn't.

Do you notice a seasonal influx of asthma patients? It could be that allergies are exacerbating symptoms at certain times of the year.

From tree pollen in the spring, grass in the summer, weeds and mold in the fall, and any number of indoor allergens in the winter (like dust mites or pets), patients with asthma can see an increase in symptoms during specific seasons.



Specific IgE blood testing can help identify those allergic triggers so you can stay a step ahead of your patients' allergic asthma. Consider utilizing specific IgE testing to develop personalized plans for symptom management.

Need additional guidance? Review the latest asthma-focused practice parameters and guidelines:

<https://www.thermofisher.com/allergy/us/en/clinicalresources.html?Topics=Allergic+Asthma&Language=English>

For BCH ordering guide:

<https://www.testmenu.com/bch/TestDirectory/SiteFile?fileName=sidebar%5CBCH%20-%20Health%20System%20Ordering%20Guide.pdf>

For rhinitis interpretation guide:

<https://www.testmenu.com/bch/TestDirectory/SiteFile?fileName=sidebar%5CBCH%20-%20Allergy%20-%20Rhinitis%20Interpretation%20Guide.pdf>





Urine collection device requirements reminder

Urine samples for routine urinalysis which are not collected in a preservative should be tested within 2 hours of collection or 4 hours of collection if refrigerated.

To help meet this requirement the lab is using a UA Preservative Tube from BD which is designed to give more time to process and test urinalysis samples. Samples can be preserved for up to 24 hours without refrigeration if in the marble urine tube. This allows the urine to maintain sample integrity and helps minimize unnecessary cultures due to bacterial contamination or over growth. The grey top C&S tube is available for urine culture add-on by provider once results are reviewed. These supplies can be ordered using the BCH supply requisition from Erie Lab.

Urine Samples for Urinalysis received greater than 2 hours old will be rejected if not received in urine preservative tube

Collect Cup, Urine Preservative Tube and Urine C&S tube on every patient requiring a UA

	<p>NEW For Urinalysis (UA) or Urine Microscopic Only</p> <p><i>Preserves urine for UA for up to 24 hrs at room temp</i></p>	<p>Instructions:</p> <p>Pop lid and fill to fill line</p> <p>Or</p> <p>Place Transfer straw in urine cup. Pierce rubber stopper of UA preservative tube and fill to fill line.</p> <p>*Must be filled to minimum fill line or sample will be rejected*</p>
	<p>Urine Collection Cup</p> <p><i>For urine chemistries and toxicology.</i></p>	<ul style="list-style-type: none"> • Cleanse the area • Urinate a small amount into the toilet bowl, and then stop the flow of urine. • Then collect a sample of urine into the clean or sterile cup, until it is half full. • You may finish urinating into the toilet bowl.
	<p>To aid to transferring Urine to preservative tubes</p>	<p>Fill yellow top non- preservative tube (s): Push the yellow top tube into the transfer straw completely. Hold in position until the flow stops. Remove the tube, leaving transfer straw in the container.</p>
	<p>Urine C&S Tube</p> <p><i>Urine preservative tube for urine culture and sensitivity</i></p>	<p>Place Transfer straw in urine cup. Pierce rubber stopper of Urine C&S tube and fill to fill line.</p>

HEALTH PLANS

COMMUNITY-BASED LABORATORY TESTING

Health Plans Accepted By Carent

Aetna	Humana
Allied Benefit Systems	ChoiceCare
AmeriBen	Humana Gold
Cofinity Network	Key Benefit Solutions/Admin
Coventry	Medica
Employee Benefit Mgmt Services (EBMS)	Medi-Share
First Health Network	MultiPlan
Healthscope Benefits	Administrative Concepts, Inc
HMO	Assurant Health Insurance
Meritain Health	Bankers Life
National Advantage Program (NAP)	Colonial Penn Life Insurance
One Share Health	National Association of Letter Carriers
POS	Private Health Care System (PHCS)
PPO	Providence Health Plans
Sloans Lake	North American Admin
Starmark	United Healthcare/Pacificare
WebTPA Employer Services	All Savers
Aliera Healthcare Unity	Bind Benefits Inc
American Medical Security	Choice Plus
Anthem Blue Cross Blue Shield (BCBS)	Freedom Life Ins (FF)
Delta Health Systems	Golden Rule Ins
Federal	Government Employees Health Association (GEHA)
HMO	HMO
Indemnity	MRP Health Insurance
Medicare Advantage	Oxford Health Plans
Out of State	PPO
PPO	Student Resources
Cigna/Great West	United AARP
Connect/Sure Fit	United Health Integrated Services
HMO	United Health One/Golden Rule
Local Plus	United Medical Resources (UMR)
MVP Health Care	
OAP	
POS	
PPO	
Select	
Group and Pension Admin (GPA)	

As a member of Carent Laboratory Solutions, an alliance of non-profit, community-based hospital labs across Colorado and Montana, we currently accept the following insurance plans. We do recommend that you contact your insurance company to verify coverage for your requested lab tests.

This list of participating health plans may change from time to time. We do recommend that you contact your insurance company to verify coverage for your particular health plan.

If you have any questions, please contact:

Boulder Community Health 303-415-4285 or visit us online at: www.bch.org

Carent Laboratory Solutions 888-356-5227 or visit us online at: www.carentlabs.com