

LABORATORY SERVICES GUIDELINES FOR COLLECTION OF MIDSTREAM URINE SPECIMENS

Please note: If there will be a delay in transport of the urine to the drop off site, please refrigerate the specimen immediately. Refrigerated urine specimens must be received within 24 hours of collection. Unrefrigerated urine specimens must be received within 2 hours of collection.

ALL SPECIMEN CONTAINERS MUST BE LABELED WITH THE PATIENT'S FIRST & LAST NAME, DATE OF BIRTH, DATE AND TIME OF COLLECTION. *

A. **Female - Clean Catch**

1. Gently wash the vaginal area from front to back with one of the soap towelettes provided. Repeat this washing procedure two more times with the additional towelettes.
2. After a few teaspoons of urine have passed, without stopping the urine flow, collect the next portion of the urine into the sterile container provided.
3. Tighten cap securely on the container.

B. **Male- Clean Catch**

1. Cleanse the penis three times with the three soap towelettes provided.
2. After a few teaspoons of urine have passed, without stopping the urine flow, collect the next portion of the urine into the sterile container provided.
3. Tighten cap securely on the container.

Location phone numbers: Please call site for hours of operation

- Outpatient Center: 440-816-8808
- Strongsville Medical Center: 440-816-4976
- Brunswick Outpatient Center: 440-816-5561 or 330-558-0360

***ALL SPECIMENS REQUIRE REGISTRATION AT TIME OF DROP-OFF WITH INSURANCE CARD AND PHOTO ID**