

## Simplify allergy management in primary care with the most widely used specific IgE blood test

Keeping your patients healthy is important to you. We can help.

A wide variety of patients present with **congestion, itchy, watery eyes, coughing, wheezing, or other atopic symptoms**, resulting in reduced quality of life and trial and error with multiple medications to get relief. Along with history and physical exam, **Thermo Scientific™ ImmunoCAP™ Specific IgE blood testing**, available through most clinical laboratories, is an aid in the diagnosis of IgE-mediated allergic disorders.<sup>1</sup>

### Can identifying allergic triggers change patient management?

65%

Nearly 65% of patients diagnosed with allergic rhinitis and prescribed antihistamines have symptoms that are not due to allergy.<sup>2</sup>

Save time and eliminate guesswork in prescribing medication with the help of ImmunoCAP Specific IgE blood testing.



Can be performed irrespective to age, skin condition, antihistamine use, symptoms, or pregnancy status<sup>3-5</sup>



Accurately identifies specific allergen sensitization in patients with confirmed allergy<sup>6,7</sup>



FDA-cleared quantitative detection of specific IgE antibodies, even at low levels<sup>14</sup>

ImmunoCAP Specific IgE blood testing is:



Supported by more than 4,000 peer-reviewed publications\*



An FDA-cleared quantitative measure of specific IgE<sup>1</sup>



Comparable to skin prick testing<sup>8,9</sup>

\*data on file

Specific IgE blood testing can be considered for patients with a history of:

- asthma<sup>10</sup>
- recurrent or chronic rhinitis<sup>11</sup>
- seasonal or perennial allergy-like symptoms<sup>3</sup>
- recurrent otitis media<sup>12</sup>
- atopic dermatitis<sup>13</sup>

Find out more at [allergyaidiagnostics.com](http://allergyaidiagnostics.com)

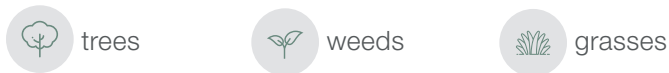
## Ordering is Easy

Order ImmunoCAP Specific IgE blood testing from major or local laboratories through a paper requisition or your EMR system. Primary care providers and specialists can easily order this testing. **Test codes are available through your EMR system or lab provider.**

## Clinical interpretation of respiratory test results

ImmunoCAP Specific IgE test results report the amount of IgE for each allergen tested.

Most respiratory-specific IgE blood testing profiles are targeted to their geographic area, including regionally specific allergens for:



As well as common perennial allergens, such as:



### References

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### Sample Respiratory Clinical Pathway

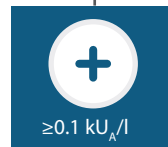
#### Patient Presentation

Nasal congestion, rhinorrhea, sneezing, itchy nose/eyes, coughing, wheezing, chest tightness, shortness of breath

#### Clinical Evaluation

History and physical exam

Order specific IgE blood tests to help determine allergen sensitization



Consider other causes

- Rank positive results from highest to lowest specific IgE sensitizations
- Provide an allergen avoidance plan to keep patient below their symptom threshold
  - Consider reducing exposure to allergens with the highest specific IgE levels first
  - Focus on indoor allergens since these may be easier to control
- Prescribe appropriate medications e.g. antihistamines<sup>15</sup>
- Follow up. If inadequate response, refer to specialist<sup>15</sup>